



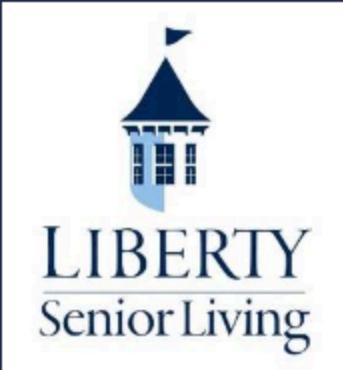


April 2026

The Carlisle Palm Beach Independent Living





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Mel's Bistro Join us for dinner & dancing! Departure Time: 4:30PM Return Time: 8:30PM</p>	 <p>Titanic Immersive Experience Departure Time: 10:30AM Tickets: \$35.00</p>	 <p>Start Spreading the News with Liza & Frank At the Delray Beach Playhouse Wednesday, April 1st</p>	<p>Passover Begins</p> <p>8:30 Carlisle Walking Club - Lantana Beach (WMS) 1</p> <p>10:00 Liberty University: YouTube Adventures (CDR)</p> <p>10:00 Barre and Balance (WMS)</p> <p>10:00 Catholic Communion (ALGR)</p> <p>11:00 Chair Yoga with Kaitlyn (WMS)</p> <p>11:30 Flower Arrangements (AS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>1:15 Adventure Awaits: Delray Playhouse (Start Spreading the News Liza & Frank) (O)</p> <p>4:00 Wine-Down Wednesday & Entertainment Live! (LG)</p> <p>4:30 Passover Seder: Back Dining Room (IL/AL Residents) celebrate together. (0450)</p>	<p>8:30 Early Morning Cardio Circuit (WMS) 2</p> <p>10:00 Carlisle Current Events (CBR)</p> <p>10:00 Brain Aerobics: Who Am I? (PS)</p> <p>10:00 Spring Pop-Up Shop: Clothing & Accessories (CDR)</p> <p>11:00 Tai Chi w/ Waly Elifrance (WMS)</p> <p>11:00 Town Hall (CBR)</p> <p>11:30 Bird Watching & Walk (Nature Preserve) (O)</p> <p>1:00 Painting Class with Lori Royce (AS)</p> <p>2:00 Water Walking (PS)</p> <p>4:00 Veteran's Group: All residents are welcome to join! Light refreshment will be served. (CDR)</p>	<p>Good Friday</p> <p>8:30 Open Gym - Cardio Circuit (WMS) 3</p> <p>10:00 Shopping Loop (O)</p> <p>10:15 Carlisle Cinema Society (GT)</p> <p>10:15 Meditation and Stretch Flow - Lake Worth Beach (WMS)</p> <p>11:00 Pilates with Judy (WMS)</p> <p>1:00 Golden Hand Bridge Bunch (CDR)</p> <p>2:00 Spa-la-la Day (AS)</p> <p>3:00 Weekly Wrap-Up! (CDR)</p> <p>3:00 Shabbat Service: Rabbi Mendy-AL Game Room (ALGR)</p> <p>4:00 Happy FriYay Happy Hour! (LG)</p>	<p>9:45 Socrates Café: Appreciation of Classical Music (GT) 4</p> <p>10:00 Saturday Brew Club & Brain Games (Resident Run) (OEB)</p> <p>1:00 Canasta & Rummikub (Resident Run) (CBR)</p> <p>1:00 Movie Matinee & Popcorn with Ally (GT)</p> <p>2:00 Poolside Chit Chats: Get to Know Your Neighbor (PS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>
<p>Easter 5</p> <p>10:00 Coffee Chats, Donuts & Chronicles (OEB)</p> <p>10:00 Church Runs & Shopping (O)</p> <p>11:30 Joe Manello Live: Enjoy the harmonious piano tunes. (LG)</p> <p>11:30 Easter Brunch (0450)</p> <p>1:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p> <p>2:00 Movie Matinee & Popcorn with Denise (GT)</p> <p>2:30 Ice Cream Social with Denise (LG)</p> <p>4:00 Scrabble & Cards (Resident Run) (CDR)</p>	<p>9:00 Aqua Aerobics (PS) 6</p> <p>10:00 Lecture Series w/ David: Fall of the Eagles (GT)</p> <p>11:00 Resident Welcome Ambassador Committee (CBR)</p> <p>11:00 Functional Fitness (WMS)</p> <p>11:30 Poolside Smoothies (PS)</p> <p>12:00 Shopping Loop (O)</p> <p>2:00 Stretch and Flow (WMS)</p> <p>2:00 Lecture: Roger Gross - Actors in the Military in WW2 (CDR)</p> <p>4:00 Bubbly & BINGO Happy Hour! (PS)</p> <p>6:30 Evening Singalong (CBR)</p>	<p>8:30 Early Morning Pump - Weight Circuit (WMS) 7</p> <p>9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT)</p> <p>10:00 Tech Tuesday with Ally (AS)</p> <p>10:00 Bocce Ball (CY)</p> <p>11:00 Weight Training (WMS)</p> <p>12:00 Sip & Savor at Tea Party Tuesday (PS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>2:00 Open Swim (PS)</p> <p>2:00 Carlisle Drama Club (CR)</p> <p>2:00 Paw Therapy w/ Liberty Rehab: Donuts with Ally (Dog) (CBR)</p> <p>3:30 Paint & Sip: Enjoy a wine & delights (AS)</p> <p>4:00 National Beer Day Social (CDR)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>	<p>8:30 Carlisle Walking Club - Lantana Beach (WMS) 8</p> <p>10:00 Liberty University: YouTube Adventures (CDR)</p> <p>10:00 Barre and Balance (WMS)</p> <p>10:00 Catholic Communion (ALGR)</p> <p>11:00 Yoga w/ Kaitlyn (WMS)</p> <p>11:30 Flower Arrangements (AS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>4:00 Wine-Down Wednesday & Entertainment Live! (LG)</p> <p>4:30 Adventure Awaits: Mel's Dinner & Dance (O)</p>	<p>Passover Ends 9</p> <p>8:30 Early Morning Cardio Circuit (WMS)</p> <p>10:00 Carlisle Current Events (CBR)</p> <p>10:00 Brain Aerobics: Everything April! (PS)</p> <p>11:00 Tai Chi w/ Waly Elifrance (WMS)</p> <p>11:30 Bird Watching & Walk (Nature Preserve) (O)</p> <p>1:00 Make & Take with Ally (AS)</p> <p>2:00 Water Walking (PS)</p> <p>4:00 Life Enrichment Calendar Planning: Chips, Dips & Sparkling Spritzers (PS)</p>	<p>8:30 Open Gym - Cardio Circuit (WMS) 10</p> <p>10:00 Resident Council (CBR)</p> <p>10:00 Shopping Loop (O)</p> <p>10:15 Carlisle Cinema Society (GT)</p> <p>10:15 Meditation and Stretch Flow - Lake Worth Beach (WMS)</p> <p>11:00 Pilates with Judy (WMS)</p> <p>1:00 Golden Hand Bridge Bunch (CDR)</p> <p>2:00 Spa-la-la Day (AS)</p> <p>3:00 Weekly Wrap-Up! (CDR)</p> <p>3:00 Shabbat Service: Rabbi Mendy-AL Game Room (ALGR)</p> <p>4:00 Happy FriYay Happy Hour & Fashion Show! (LG)</p>	<p>9:45 Socrates Café: Appreciation of Classical Music (GT) 11</p> <p>10:00 Saturday Brew Club & Brain Games (Resident Run) (OEB)</p> <p>1:00 Canasta & Rummikub (Resident Run) (CBR)</p> <p>1:00 Movie Matinee & Popcorn with Ally (GT)</p> <p>2:00 Poolside Chit Chats: Get to Know Your Neighbor (PS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>
<p>10:00 Coffee Chats, Donuts & Chronicles (OEB) 12</p> <p>10:00 Church Runs & Shopping (O)</p> <p>11:30 Joe Manello Live: Enjoy the harmonious piano tunes. (LG)</p> <p>1:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p> <p>2:00 Movie Matinee & Popcorn with Denise (GT)</p> <p>2:30 Ice Cream Social with Denise (LG)</p> <p>4:00 Scrabble & Cards (Resident Run) (CDR)</p>	<p>9:00 Aqua Aerobics (PS) 13</p> <p>10:00 Lecture Series w/ David: Fall of the Eagles (GT)</p> <p>11:00 Functional Fitness (WMS)</p> <p>11:30 Poolside Smoothies (PS)</p> <p>12:00 Shopping Loop (O)</p> <p>2:00 Stretch and Flow (WMS)</p> <p>4:00 Bubbly & BINGO Happy Hour! (PS)</p> <p>6:30 Evening Singalong (CBR)</p>	<p>8:30 Early Morning Pump - Weight Circuit (WMS) 14</p> <p>9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT)</p> <p>10:00 Tech Tuesday with Ally (AS)</p> <p>10:00 Bocce Ball (CY)</p> <p>11:00 Weight Training (WMS)</p> <p>12:00 Let's Taco 'Bout Tuesday (PS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>1:00 A Journey to Healing w/ Jason Fairbanks (CBR)</p> <p>2:00 Open Swim (PS)</p> <p>2:00 Carlisle Drama Club (CR)</p> <p>3:30 Paint & Sip: Enjoy a wine & delights (AS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>	<p>8:30 Carlisle Walking Club - Lantana Beach (WMS) 15</p> <p>10:00 Liberty University: YouTube Adventures (CDR)</p> <p>10:00 Barre and Balance (WMS)</p> <p>10:00 Catholic Communion (ALGR)</p> <p>10:30 Adventure Awaits: Boca Town Center Mall (O)</p> <p>11:00 Chair Yoga with Kaitlyn (WMS)</p> <p>11:30 Flower Arrangements (AS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>3:00 Wellness Wednesday: New Year, New Goals - Journaling Workshop (WMS)</p> <p>4:00 Wine-Down Wednesday & Entertainment Live! (LG)</p>	<p>8:30 Early Morning Cardio Circuit (WMS) 16</p> <p>10:00 Carlisle Current Events (CBR)</p> <p>10:00 Brain Aerobics: Bring your favorite poem to share! (PS)</p> <p>11:00 Tai Chi w/ Waly Elifrance (WMS)</p> <p>11:30 Pop-Up Shop: YaYa Jewelry (CBR)</p> <p>11:30 Bird Watching & Walk (Nature Preserve) (O)</p> <p>12:00 New Resident Welcome Lunch (0450)</p> <p>1:00 Make & Take with April Stewart (AS)</p> <p>2:00 Water Walking (PS)</p> <p>3:30 Wine & Cheese Tasting with Arthur Lopes (OEB)</p>	<p>8:30 Open Gym - Cardio Circuit (WMS) 17</p> <p>10:00 Shopping Loop (O)</p> <p>10:15 Carlisle Cinema Society (GT)</p> <p>10:15 Meditation and Stretch Flow - Lake Worth Beach (WMS)</p> <p>11:00 Pilates with Judy (WMS)</p> <p>1:00 Golden Hand Bridge Bunch (CDR)</p> <p>2:00 Spa-la-la Day (AS)</p> <p>3:00 Weekly Wrap-Up! (CDR)</p> <p>3:00 Shabbat Service: Rabbi Mendy-AL Game Room (ALGR)</p> <p>4:00 Happy FriYay Happy Hour! (LG)</p> <p>6:30 🎵 Music for Mending Minds 🎵 (LG)</p>	<p>9:45 Socrates Café: Appreciation of Classical Music (GT) 18</p> <p>10:00 Saturday Brew Club & Brain Games (Resident Run) (OEB)</p> <p>1:00 Canasta & Rummikub (Resident Run) (CBR)</p> <p>1:00 Movie Matinee & Popcorn with Ally (GT)</p> <p>2:00 Poolside Chit Chats: Get to Know Your Neighbor (PS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>



April 2026

The Carlisle Palm Beach Independent Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Coffee Chats, Donuts & Chronicles (OEB) 19</p> <p>10:00 Church Runs & Shopping (O)</p> <p>11:30 Joe Manello Live: Enjoy the harmonious piano tunes. (LG)</p> <p>1:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p> <p>2:00 Movie Matinee & Popcorn with Denise (GT)</p> <p>2:30 Ice Cream Social with Denise (LG)</p> <p>4:00 Scrabble & Cards (Resident Run) (CDR)</p>	<p>National Look-Alike Day: Find a friend, staff member, or neighbor and dress alike for some look-alike fun! 20</p> <p>9:00 Aqua Aerobics (PS)</p> <p>10:00 Lecture Series w/ David: Fall of the Eagles (GT)</p> <p>11:00 Functional Fitness (WMS)</p> <p>11:30 Poolside Smoothies (PS)</p> <p>12:00 Shopping Loop (O)</p> <p>2:00 Stretch and Flow (WMS)</p> <p>2:00 Dining Committee Meeting (CBR)</p> <p>3:00 Lecture: Predict to Prevent - Artificial Intelligence (Predictive Analytics Health Platform) (CDR)</p> <p>4:00 Bubbly & BINGO Happy Hour! (PS)</p> <p>6:30 Evening Singalong (CBR)</p>	<p>8:30 Early Morning Pump - Weight Circuit (WMS) 21</p> <p>9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT)</p> <p>10:00 Tech Tuesday with Ally (AS)</p> <p>10:00 Bocce Ball (CY)</p> <p>11:00 Weight Training (WMS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>1:00 Sip & Savor at Tea Party Tuesday (PS)</p> <p>2:00 Open Swim (PS)</p> <p>2:00 Carlisle Drama Club (CR)</p> <p>3:30 Paint & Sip: Enjoy a wine & delights (AS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>	<p>Earth Day 22</p> <p>8:30 Carlisle Walking Club - Lantana Beach (WMS)</p> <p>10:00 Liberty University: YouTube Adventures (CDR)</p> <p>10:00 Barre and Balance (WMS)</p> <p>10:00 Catholic Communion (ALGR)</p> <p>11:00 Yoga w/ Kaitlyn (WMS)</p> <p>11:30 Flower Arrangements (AS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>2:00 Make & Take: Please bring an empty food or coffee can. We'll provide the seeds, plants, and soil to help you make your own unique creation. (AS)</p> <p>4:00 Adventure Awaits: Jungle Queen Dinner Cruise (O)</p> <p>4:00 Wine-Down Wednesday & Entertainment Live! (LG)</p>	<p>8:30 Early Morning Cardio Circuit (WMS) 23</p> <p>10:00 Carlisle Current Events (CBR)</p> <p>10:00 Brain Aerobics: General Trivia (PS)</p> <p>10:30 Adventure Awaits: Titanic - Immersive Experience (O)</p> <p>11:00 Tai Chi w/ Waly Elifrance (WMS)</p> <p>11:30 Bird Watching & Walk (Nature Preserve) (O)</p> <p>1:00 Make & Take with Erica (AS)</p> <p>2:00 Water Walking (PS)</p> <p>4:00 Resident Poker Club Sign-Up & Social (CDR)</p>	<p>8:30 Open Gym - Cardio Circuit (WMS) 24</p> <p>10:00 Shopping Loop (O)</p> <p>10:15 Carlisle Cinema Society (GT)</p> <p>10:15 Meditation and Stretch Flow - Lake Worth Beach (WMS)</p> <p>11:00 Pilates with Judy (WMS)</p> <p>11:00 Dining Committee Meeting (CBR)</p> <p>1:00 Golden Hand Bridge Bunch (CDR)</p> <p>2:00 Spa-la-la Day (AS)</p> <p>3:00 Shabbat Service: Rabbi Mendy-AL Game Room (ALGR)</p> <p>3:00 Themed Party: Mulan Rouge (Dress for the theme!) (LG)</p>	<p>9:45 Socrates Café: Appreciation of Classical Music (GT) 25</p> <p>10:00 Saturday Brew Club & Brain Games (Resident Run) (OEB)</p> <p>1:00 Canasta & Rummikub (Resident Run) (CBR)</p> <p>1:00 Movie Matinee & Popcorn with Ally (GT)</p> <p>2:00 Poolside Chit Chats: Get to Know Your Neighbor (PS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>
<p>10:00 Coffee Chats, Donuts & Chronicles (OEB) 26</p> <p>10:00 Church Runs & Shopping (O)</p> <p>11:30 Joe Manello Live: Enjoy the harmonious piano tunes. (LG)</p> <p>1:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p> <p>2:00 Movie Matinee & Popcorn with Denise (GT)</p> <p>2:30 Ice Cream Social with Denise (LG)</p> <p>4:00 Scrabble & Cards (Resident Run) (CDR)</p>	<p>9:00 Aqua Aerobics (PS) 27</p> <p>10:00 Lecture Series w/ David: Fall of the Eagles (GT)</p> <p>11:00 Functional Fitness (WMS)</p> <p>11:30 Poolside Smoothies (PS)</p> <p>12:00 Shopping Loop (O)</p> <p>2:00 Stretch and Flow (WMS)</p> <p>2:30 The Art History Experience (CDR)</p> <p>4:00 Bubbly & BINGO Happy Hour! (PS)</p> <p>6:30 Evening Singalong (CBR)</p>	<p>8:30 Early Morning Pump - Weight Circuit (WMS) 28</p> <p>9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT)</p> <p>10:00 Tech Tuesday with Ally (AS)</p> <p>10:00 Bocce Ball (CY)</p> <p>11:00 Weight Training (WMS)</p> <p>12:00 Let's Taco 'Bout Tuesday (PS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>2:00 Open Swim (PS)</p> <p>2:00 Carlisle Drama Club (CR)</p> <p>3:30 Paint & Sip: Enjoy a wine & delights (AS)</p> <p>6:30 \$\$\$5.00\$\$\$Cash Bingo-AL/Lounge (LG)</p>	<p>8:30 Carlisle Walking Club - Lantana Beach (WMS) 29</p> <p>10:00 Liberty University: YouTube Adventures (CDR)</p> <p>10:00 Barre and Balance (WMS)</p> <p>10:00 Catholic Communion (ALGR)</p> <p>10:30 Adventure Awaits: Fishing with Jackie Santos (O)</p> <p>11:00 Chair Yoga with Kaitlyn (WMS)</p> <p>11:30 Flower Arrangements (AS)</p> <p>1:00 Canasta & Rummikub (CBR)</p> <p>4:00 Wine-Down Wednesday & Karaoke! (LG)</p>	<p>8:30 Early Morning Cardio Circuit (WMS) 30</p> <p>10:00 Carlisle Current Events (CBR)</p> <p>10:00 Brain Aerobics: Learn your Zodiac Sign (PS)</p> <p>11:00 Tai Chi w/ Waly Elifrance (WMS)</p> <p>11:30 Bird Watching & Walk (Nature Preserve) (O)</p> <p>12:00 Resident Birthday Celebration Lunch (O450)</p> <p>1:00 Make & Take with Ally! (AS)</p> <p>2:00 Water Walking (PS)</p> <p>4:00 Trivia, Brews, & Pizza Bites with Erica! (PS)</p> <p>6:30 Lecture: The Eldercation Experience w/ Harry J. Getzov! (CDR)</p>	 <p>Fishing with Jackie! Wednesday, April 29th 10:30AM - 1:00PM</p>	

Location Key
 OEB - Ocean Edge Bistro
 O450 - Ocean 450
 FL - Front Lobby
 LG - Lounge
 P - Pool
 PS - Poolside Patio
 CDR - Card Room
 CBR - Club Room
 GT - Grand Theater

Location Key
 CY - Courtyard
 WMS - Wave Motion Studio
 FD - Front Desk
 AS - Art Studio
 CR - Conference Room
 EO - Erica's Office
 O - Outing

Facilitator Key
 Black - Life Enrichment
 Red - Wellness
 Blue - Resident Led

All Life-Enrichment outings require you to sign-up at the Front Desk.
The Carlisle Concierge/Front Desk (561) 533 - 9440
 If you have any questions or suggestions regarding Life Enrichment, please contact Erica Caudle 828-356-4534 ecaudle@libertyseniorliving.com



Let's celebrate together!
Passover Seder
 Location: Ocean 450 (Overflow Dining)
 Time: 4:30PM
 Date: April 1st



Easter Brunch
 Please RSVP at the Front Desk by April 3rd
 Resident: \$25.00
 Guest: \$35.00



Music for Mending Minds Performance
 April 17th at 6:30 PM
 in the Lounge