



April 2026

The Carlisle Palm Beach Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>10:15 Holy Spirit Catholic Church 1</p> <p>10:30 Pool Noodle Tennis</p> <p>11:00 Carlisle Social Scoop & Discussion</p> <p>1:30 History & Story of Passover</p> <p>2:30 Nicole Hulett Live!</p> <p>3:30 Golden Glow Happy Hour</p>	<p>10:15 Chair Aerobics 2</p> <p>11:00 Nail Salon & Spa</p> <p>1:00 Peace by Piece Puzzles</p> <p>2:00 Seated Exercises with Quan</p> <p>3:00 Happy Hour & Pub Games!</p>	<p>10:00 Friday Morning Dance Workout! 3</p> <p>11:00 Art Therapy</p> <p>1:00 Golden Glow Nature Hour</p> <p>2:00 Easter Crafts</p> <p>2:30 Good Friday Easter Bunny Visit</p> <p>3:00 Sip & Savor Happy Hour</p>	<p>10:00 Chair Aerobics 4</p> <p>11:00 The Brainy Bunch: Word Games & Trivia</p> <p>1:00 Classic Movie Matinee</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>2:30 Live Tunes & Tastings with Max Green!</p> <p>4:00 Retro Music Concert Series</p>
<p>Happy Easter! 5</p> <p>10:00 Chair Exercise</p> <p>11:00 Carlisle Social Scoop</p> <p>11:00 Easter Egg Hunt</p> <p>2:00 Classic Movie Matinee</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Mix & Mingle Happy Hour!</p>	<p>10:15 Mindful Meditations & Yoga 6</p> <p>11:00 Brain Boosters: Word Games</p> <p>1:30 Culture Club: History of The World</p> <p>3:00 Backyard Games & Bubbly</p> <p>4:00 Golden Glow Nature Stroll</p>	<p>10:15 Tai Chi Tuesday 7</p> <p>11:00 Aromatherapy & Hand Massage</p> <p>2:00 Chair Exercises with Quan</p> <p>2:30 Tea Party & Trivia</p> <p>3:00 Sip & Savor Happy Hour</p> <p>4:00 4 Corners Bingo Club</p>	<p>10:15 Holy Spirit Catholic Church 8</p> <p>10:30 Pool Noodle Tennis</p> <p>11:00 Carlisle Social Scoop & Discussion</p> <p>1:30 Creative Craft Corner</p> <p>2:30 Live Tunes & Tastings with KNR Entertainment!</p> <p>3:30 Golden Glow Happy Hour</p>	<p>10:00 Healing Hounds: Certified Therapy Dogs 9</p> <p>10:15 Chair Aerobics</p> <p>11:00 Nail Salon & Spa</p> <p>1:00 Peace by Piece Puzzles</p> <p>2:00 Seated Exercises with Quan</p> <p>3:00 Happy Hour & Pub Games!</p>	<p>10:00 Friday Morning Dance Workout! 10</p> <p>11:00 Art Therapy</p> <p>1:00 Golden Glow Nature Hour</p> <p>2:00 Drama Club</p> <p>3:00 Sip & Savor Happy Hour</p>	<p>10:00 Chair Aerobics 11</p> <p>11:00 The Brainy Bunch: Word Games & Trivia</p> <p>1:30 Karen's Cabaret Live!</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:00 Mix & Mingle Happy Hour!</p> <p>4:00 Retro Music Concert Series</p>
<p>10:00 Chair Exercise 12</p> <p>11:00 Carlisle Social Scoop</p> <p>2:00 Classic Movie Matinee</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Mix & Mingle Happy Hour!</p>	<p>10:15 Mindful Meditations & Yoga 13</p> <p>11:00 Brain Boosters: Word Games</p> <p>1:30 Culture Club: History of The World</p> <p>3:00 Backyard Games & Bubbly</p> <p>4:00 Golden Glow Nature Stroll</p>	<p>10:15 Tai Chi Tuesday 14</p> <p>11:00 Aromatherapy & Hand Massage</p> <p>2:00 Chair Exercises with Quan</p> <p>2:30 Tea Party & Trivia</p> <p>3:00 Sip & Savor Happy Hour</p> <p>4:00 4 Corners Bingo Club</p>	<p>10:15 Holy Spirit Catholic Church 15</p> <p>10:30 Pool Noodle Tennis</p> <p>11:00 Carlisle Social Scoop & Discussion</p> <p>1:30 Creative Craft Corner</p> <p>2:30 April Birthday Celebration with Nicole Hulett Live!</p> <p>3:30 Golden Glow Happy Hour</p>	<p>10:15 Chair Aerobics 16</p> <p>11:00 Nail Salon & Spa</p> <p>1:00 Peace by Piece Puzzles</p> <p>2:00 Seated Exercises with Quan</p> <p>3:00 Happy Hour & Pub Games!</p>	<p>10:00 Friday Morning Dance Workout! 17</p> <p>11:00 Art Therapy</p> <p>1:00 Golden Glow Nature Hour</p> <p>2:00 Drama Club</p> <p>3:00 Sip & Savor Happy Hour</p>	<p>10:00 Chair Aerobics 18</p> <p>11:00 The Brainy Bunch: Word Games & Trivia</p> <p>1:00 Classic Movie Matinee</p> <p>1:30 Drum Circle with Karen!</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:00 Mix & Mingle Happy Hour!</p> <p>4:00 Retro Music Concert Series</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Chair Exercise 19 11:00 Carlisle Social Scoop 2:00 Classic Movie Matinee 2:30 Ice Cream Sundae Social 3:30 Mix & Mingle Happy Hour!	10:15 Mindful Meditations & Yoga 20 11:00 Brain Boosters: Word Games 1:30 Art Therapy: Earth Day Crafts 3:00 Backyard Games & Bubbly 4:00 Golden Glow Nature Stroll	10:15 Tai Chi Tuesday 21 11:00 Aromatherapy & Hand Massage 2:00 Chair Exercises with Quan 2:30 Tea Party & Trivia 3:00 Sip & Savor Happy Hour 4:00 4 Corners Bingo Club	10:15 Holy Spirit Catholic Church 22 10:30 Pool Noodle Tennis 11:00 Carlisle Social Scoop & Discussion 1:30 Creative Craft Corner 2:30 Live Tunes & Tasting with Millie! (KNR Entertainment) 3:00 Happy Hour 4:00 Earth Day Gardening Club	10:15 Chair Aerobics 23 11:00 Nail Salon & Spa 1:00 Peace by Piece Puzzles 2:00 Seated Exercises with Quan 3:00 Happy Hour & Pub Games!	10:00 Friday Morning Dance Workout! 24 11:00 Art Therapy 1:00 Golden Glow Nature Hour 2:00 Drama Club 3:00 Sip & Savor Happy Hour	10:00 Chair Aerobics 25 11:00 The Brainy Bunch: Word Games & Trivia 1:00 Classic Movie Matinee 2:00 Mixology 101: Make Your Own Mocktails 2:30 Live Tunes & Tastings with Steve Michaels! 4:00 Retro Music Concert Series
10:00 Chair Exercise 26 11:00 Carlisle Social Scoop 2:00 Classic Movie Matinee 2:30 Ice Cream Sundae Social 3:30 Mix & Mingle Happy Hour!	10:15 Mindful Meditations & Yoga 27 11:00 Brain Boosters: Word Games 1:30 Culture Club: History of The World 3:00 Backyard Games & Bubbly 4:00 Golden Glow Nature Stroll	10:15 Tai Chi Tuesday 28 11:00 Aromatherapy & Hand Massage 2:00 Chair Exercises with Quan 2:30 Tea Party & Trivia 3:00 Sip & Savor Happy Hour 4:00 4 Corners Bingo Club	10:15 Holy Spirit Catholic Church 29 10:30 Pool Noodle Tennis 11:00 Carlisle Social Scoop & Discussion 1:30 Creative Craft Corner 2:30 Nicole Hulett Live! 3:30 Golden Glow	10:15 Chair Aerobics 30 11:00 Nail Salon & Spa 1:00 Peace by Piece Puzzles 2:00 Seated Exercises with Quan 3:00 Happy Hour & Pub Games!		

Location Key

Activities are subject to change; please check the daily schedule for most up to date activities.

● MC Music Room

● MC 2nd Floor Dining Room

● MC Living Room

● MC 2nd Floor Living Room

● MC Courtyard

● MC Art Studio