



August 2026

The Carlisle Palm Beach Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:45 IL Socrates Cafe 1 10:00 Music & Melody Seated Exercise 11:00 Passport to.... Japan 1:00 Movie Matinee: The Swedish Connection 2:00 Mixology 101: Make Your Own Mocktails 3:30 Live Tunes & Tastings with Max Green! 6:30 Cash Bingo with Mitch!
10:00 Drum Fit! 2 11:00 Brain Boost: Word Games 1:00 Movie Matinee: The Theory of Everything 1:30 Bingo with Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Circle	10:00 Resident Bus Loop 3 10:00 Music & Melodies with Denise! 10:30 News of The Day + Daily Chronicle 11:00 Brain Games with Denise! 1:00 Movie Matinee: Moneyball 2:00 Country Adventures & Taste of Flavor 3:30 Candy Bingo & Bubbly 6:30 IL Sing-A-Long	9:45 IL Socrates Cafe 4 10:00 Bocce Ball 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Tech Tuesday 1:00 Movie Matinee: Apollo 13 3:30 Happy Hour & Timeless Tuesday Trivia 6:30 Bingo with Mitch!	10:00 Holy Spirit Catholic Mass 5 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: Shirley 2:00 Learning Lounge: Musician of The Week Andre Rieu 3:30 Live Tunes & Tastings: KNR Entertainment	10:00 IL Current Events Club 6 10:00 Jazzercise w/ Quan 10:45 Brain Boost: Word Games! 1:00 Movie Matinee: Royal Treatment 2:00 The Carlisle Book Club 2:00 Rummikub 3:30 Sip & Savor Happy Hour + Word Games 6:30 Bingo with Mitch	10:00 Nu-Step & Morning Stretches 7 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Blackjack with Mitch! (.25 & .50 cents) 1:00 Movie Matinee: Aloha 2:00 Resident Bus Loop 3:00 Shabbat Services 3:00 Mind Fit with Brie 3:45 A Taste of Trivia	9:45 IL Socrates Cafe 8 10:00 Sit & Swing Seated Exercises 10:30 News of The Day + Daily Chronicle 11:00 Passport to.... China 1:00 Movie Matinee: Remarkably Bright Creatures 2:00 Mixology 101: Make Your Own Mocktails 3:30 Live Tunes & Tastings with Karen's Cabaret 6:30 Cash Bingo with Mitch!
10:00 Drum Fit! 9 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: Four Weddings & a Funeral 1:30 Bingo with Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Circle	10:00 Resident Bus Loop 10 10:00 Music & Melodies with Denise! 10:30 News of The Day + Daily Chronicle 11:00 Brain Games with Denise! 1:00 Movie Matinee: The Good Shepherd 2:00 Country Adventures & Taste of Flavor 3:30 Drinks & Discussions: U.S. Treasury Facts, Errors & Thefts with Roger Gross 6:30 IL Sing-A-Long	9:45 IL Socrates Cafe 11 10:00 Bocce Ball 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Tech Tuesday 11:30 Tuesday's on The Town: Moxie's WPB 1:00 Movie Matinee: Rudy 3:30 Happy Hour & Timeless Tuesday Trivia 6:30 Bingo with Mitch!	10:00 Holy Spirit Catholic Mass 12 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: Wicked 2 2:00 Learning Lounge: Musician of The Week Frank Sinatra 3:30 Live Tunes & Tastings: Steven Vincent	10:00 IL Current Events Club 13 10:00 Jazzercise w/ Quan 10:20 Healing Hounds: Pet Therapy 11:00 Brain Boost: Word Games 1:00 Movie Matinee: A League of Their Own 1:30 The Carlisle Book Club 2:00 Rummikub 2:00 Great Minds Speaker Series: Fall Prevention with Judy Simon 3:30 Sip & Savor Happy Hour + Activity Planning Committee 6:30 Bingo with Mitch	10:00 Friday Morning Exercise with Judy! 14 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Blackjack with Mitch! (.25 & .50 cents) 1:00 Movie Matinee: Tulip Fever 2:00 Resident Bus Loop 3:00 Shabbat Services 3:45 A Taste of Trivia	9:45 IL Socrates Cafe 15 10:00 Sit & Swing Seated Exercises 10:30 Passport to....Australia 1:00 Movie Matinee: The Choral 2:00 Mixology 101: Make Your Own Mocktails 3:30 A Taste of Trivia Happy Hour 6:30 Cash Bingo with Mitch!



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Drum Fit! 16 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: Lawrence of Arabia 1:30 Bingo with Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Circle	10:00 Resident Bus Loop 17 10:00 Music & Melodies with Denise! 10:30 News of The Day + Daily Chronicle 11:00 Brain Games with Denise! 1:00 Movie Matinee: Sunday Best 2:00 Country Adventures & Taste of Flavor 3:30 Candy Bingo & Bubbly 6:30 IL Sing-A-Long	9:45 IL Socrates Cafe 18 10:00 Bocce Ball 10:00 Nu-Step Machine & Stretches 10:30 Tech Tuesday 11:30 Tuesday's on The Town: Mamma Mia's Italian 1:00 Movie Matinee: Martha 3:30 Happy Hour & Timeless Tuesday Trivia 6:30 Bingo with Mitch!	10:00 Holy Spirit Catholic Mass 19 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: Irish Wish 2:00 AL Resident Council Meeting August 3:30 Live Tunes & Tastings with Max Green	10:00 IL Current Events Club 20 10:00 Jazzercise w/ Quan 11:00 Brain Boost: Vocab Vault 1:00 Movie Matinee: Otherhood 2:00 The Carlisle Book Club 2:00 Rummikub 3:30 Sip & Savor Happy Hour + Word Games 6:30 Bingo with Mitch	10:00 Nu-Step & Morning Stretches 21 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Blackjack with Mitch! (.25 & .50 cents) 1:00 Movie Matinee: The Wedding Date 2:00 Resident Bus Loop 3:00 Shabbat Services 3:00 Mind Fit with Brie 3:45 A Taste of Trivia	9:45 IL Socrates Cafe 22 10:00 Sit & Swing Seated Exercises 10:30 Passport to.... Mexico 1:00 Movie Matinee: The Last Word 2:00 Mixology 101: Make Your Own Mocktails 3:30 Live Tunes & Tastings with Steve Michaels 6:30 Cash Bingo with Mitch!
10:00 Drum Fit! 23 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: The Answer Man 1:30 Bingo with Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Circle	10:00 Resident Bus Loop 24 10:00 Music & Melodies with Denise! 10:30 News of The Day + Daily Chronicle 11:00 Brain Games with Denise! 1:00 Movie Matinee: Breakdown 1975 2:00 Country Adventures & Taste of Flavor 3:30 Candy Bingo & Bubbly 6:30 IL Sing-A-Long	9:45 IL Socrates Cafe 25 10:00 Bocce Ball 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Tuesday's on The Town: Sawgrass Mall 10:30 Tech Tuesday 1:00 Movie Matinee: Gorilla Story 3:30 Happy Hour & Timeless Tuesday Trivia 6:30 Bingo with Mitch!	10:00 Holy Spirit Catholic Mass 26 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: Rocky 1:30 Paint & Sip with Lori! 2:00 Food Committee Meeting with Dwight 3:30 Live Tunes & Tastings with Piano Joe! 6:30 Eldercation Lecture Series with Harry Getzov - Lerner & Loewe Part 2	10:00 IL Current Events Club 27 10:00 Jazzercise w/ Quan 11:00 Brain Boost: Vocab Vault 1:00 Movie Matinee: The New Yorker at 100 2:00 The Carlisle Book Club 2:00 Rummikub 2:30 Special Cooking Demo with Dwight! 3:30 Sip & Savor Happy Hour + Word Games 6:30 Bingo with Mitch	10:00 Friday Morning Exercise with Judy! 28 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Blackjack with Mitch! (.25 & .50 cents) 1:00 Movie Matinee: Ladies First 2:00 Resident Bus Loop 3:00 Shabbat Services 3:45 A Taste of Trivia	9:45 IL Socrates Cafe 29 10:00 Sit & Swing Seated Exercises 10:30 Passport to....Peru 1:00 Movie Matinee: Tootsie 2:00 Mixology 101: Make Your Own Mocktails 3:30 A Taste of Trivia! 6:30 Cash Bingo with Mitch!
10:00 Drum Fit! 30 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: The Greatest Night of Pop 1:30 Bingo with Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Circle	10:00 Resident Bus Loop 31 10:00 Music & Melodies with Denise! 10:30 News of The Day + Daily Chronicle 11:00 Brain Games with Denise! 1:00 Movie Matinee: Willy Wonka & The Chocolate Factory 2:00 Country Adventures & Taste of Flavor 3:30 Candy Bingo & Bubbly 6:30 IL Sing-A-Long	AL 1st Floor Exercise Room AL 2nd Floor Movie Theatre AL Library AL Club Room AL Outdoor Space AL Lounge AL Art Studio AL Outing IL Card Room Activities are subject to change- please check daily schedule for updates.				