



February 2026

The Carlisle Palm Beach Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Drum Fit!</p> <p>10:45 Coffee Chats & Chronicles</p> <p>11:00 Brain Boost: Word Games</p> <p>1:00 Movie Matinee: Erin Brockovich</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Sip & Savor Happy Hour</p>	<p>10:00 Stretch Yoga in Motion</p> <p>10:00 Resident Bus Loop</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Uncrossed</p> <p>1:00 Movie Matinee: Train Dreams</p> <p>1:30 Art Class: Valentine's Day Cards for Pen Pal Program</p> <p>3:30 Candy Bingo & Bubbly</p>	<p>10:00 Judy's Tuesday Total Body Tune-Up!</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Word Games & Trivia!</p> <p>11:30 Tuesday's on The Town: Mario's Boca Raton</p> <p>1:00 Movie Matinee: The Talented Mr. Ripley</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>3:30 Toast to Tuesday Happy Hour!</p>	<p>10:00 Holy Spirit Catholic Mass</p> <p>10:15 Drum Fit with Denise!</p> <p>10:45 Daily Chronicle Read & Reset</p> <p>11:00 Trivia Time!</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: A League of Their Own</p> <p>1:30 Art Class: Valentine's Day Card Making for Pen Pal Program</p> <p>2:00 Chair Exercises with Quan</p> <p>3:30 Live Tunes & Tastings with KNR Entertainment!</p>	<p>10:00 Jazzercise w/ Quan</p> <p>10:30 The Daily Digest</p> <p>11:00 Brain Boost: Vocab Vault</p> <p>12:00 My Fair Lady at The Wick Theatre Outing</p> <p>1:00 Movie Matinee: Goldfinger 007</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:30 Sip & Savor Happy Hour & Name That Tune!</p>	<p>10:00 Friday Morning Exercises with Judy!</p> <p>10:40 News of The Day & Daily Chronicle</p> <p>11:00 This is Jeopardy... Live!</p> <p>1:00 Movie Matinee: Enola Holmes</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:30 A Taste of Trivia</p>	<p>10:00 Brain Boosters: Word Games</p> <p>11:00 Sit & Swing Seated Exercises</p> <p>1:00 Movie Matinee: Wonder</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:30 Live Tunes & Tastings with Max Green!</p> <p>6:30 Cash Bingo with Bonnie!</p>
<p>10:00 Drum Fit!</p> <p>10:45 Coffee Chats & Chronicles</p> <p>11:00 Brain Boost: Word Games</p> <p>1:00 Movie Matinee: Molly's Game</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Sip & Savor Happy Hour</p>	<p>10:00 Stretch Yoga in Motion</p> <p>10:00 Resident Bus Loop</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Uncrossed</p> <p>1:00 Movie Matinee: All Quiet on The Western Front</p> <p>1:30 DIY Jewelry Making</p> <p>3:30 Happy Hour & Lecture on Actors in Service During WWII by Roger Gross</p>	<p>10:00 Judy's Tuesday Total Body Tune-Up!</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Word Games & Trivia</p> <p>11:30 Tuesday's on The Town: Deck 84 in Delray</p> <p>1:00 Movie Matinee: Jay Kelly</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>3:30 Toast to Tuesday Happy Hour!</p>	<p>10:00 Holy Spirit Catholic Mass</p> <p>10:15 Drum Fit with Denise!</p> <p>10:45 Daily Chronicle Read & Reset</p> <p>11:00 Trivia Time!</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: Where The Tracks End</p> <p>2:00 Chair Exercises with Quan</p> <p>2:00 Paint & Sip With Lori</p> <p>3:30 Live Tunes & Tastings with Steven Vincent!</p>	<p>10:00 Jazzercise w/ Quan</p> <p>10:30 The Daily Digest</p> <p>10:45 Healing Hounds: Certified Therapy Dogs</p> <p>11:00 Brain Boost: Vocab Vault</p> <p>1:00 Movie Matinee: The Long Game</p> <p>1:00 Arthritis & Your Feet Lecture By Dr. Karl Michel</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:00 Men's Club Hosted By Nick Pancoast from Compassionate Caring Home</p> <p>3:30 Happy Hour & Wheel of Fortune!</p>	<p>10:15 Seated Exercises</p> <p>10:40 News of The Day & Daily Chronicle</p> <p>11:00 Documentary: Famous Couples Through History</p> <p>1:00 Movie Matinee: The Two Popes</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:30 Let's Fall In Love: A Sinatra Sweetheart Soirée!</p>	<p>10:00 Brain Boosters: Word Games</p> <p>11:00 Sit & Swing Seated Exercises</p> <p>1:00 Sweetheart Screening: An Unexpected Valentine</p> <p>2:00 Matters of the Heart Mixology 101: Make Your Own Valentine's Day Mocktails</p> <p>3:30 Sips & Sweet Serenades with Nicole Hulett!</p> <p>6:30 Cash Bingo with Bonnie!</p>
<p>10:00 Drum Fit!</p> <p>10:45 Coffee Chats & Chronicles</p> <p>11:00 Brain Boost: Word Games</p> <p>1:00 Movie Matinee: A Perfect Pairing</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Sip & Savor Happy Hour</p>	<p>President's Day</p> <p>10:00 Stretch Yoga in Motion</p> <p>10:00 Resident Bus Loop</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Uncrossed</p> <p>1:00 Movie Matinee: Priscilla</p> <p>1:30 Nail Spa & Salon</p> <p>2:30 Great Minds Resident Speaker Series: Asteroids & Meteors: Travel Back in Time to Creation with Jim Walsh</p> <p>3:30 President's Day Trivia Game & Happy Hour</p>	<p>Happy Mardi Gras!</p> <p>10:00 Tuesday Total Body Tune-Up!</p> <p>10:30 Start The Day Cafe</p> <p>11:00 Brain Boosters: Word Games & Trivia</p> <p>11:30 Tuesday's on The Town: The Hampton Social</p> <p>1:00 Movie Matinee: The Founder</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>3:30 Mardi Gras Happy Hour Party!</p>	<p>10:00 Holy Spirit Catholic Mass</p> <p>10:15 Drum Fit with Denise!</p> <p>10:45 Daily Chronicle Read & Reset</p> <p>11:00 Trivia Time!</p> <p>11:00 An Afternoon of Ballet at The Harid Conservatory</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: Darkest Hour</p> <p>2:00 Chair Exercises with Quan</p> <p>3:30 February Resident Birthday Celebration with Max Green!</p>	<p>10:00 Jazzercise w/ Quan</p> <p>10:30 The Daily Digest</p> <p>11:00 Brain Boost: Vocab Vault</p> <p>1:00 Movie Matinee: Glory</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:00 Ins & Outs of Insurance Lecture By Nick Pancoast from Compassionate Caring Home</p> <p>3:30 Sunset Sips: Outdoor Happy Hour</p>	<p>10:00 Friday Morning Exercises with Judy!</p> <p>10:40 News of The Day & Daily Chronicle</p> <p>11:00 This is Jeopardy... Live!</p> <p>1:00 Movie Matinee: Moonrise Kingdom</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:30 A Taste of Trivia</p>	<p>10:00 Brain Boosters: Word Games</p> <p>11:00 Sit & Swing Seated Exercises</p> <p>1:00 Movie Matinee: Mr. Malcolm's List</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:30 Live Tunes & Tastings: Karen's Cabaret</p> <p>6:30 Cash Bingo with Bonnie!</p>



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22 10:00 Drum Fit! 10:45 Coffee Chats & Chronicles 11:00 Brain Boost: Word Games 1:00 Movie Matinee: People We Meet on Vacation 1:30 Bingo with Bonnie & Mitch! 2:30 Ice Cream Sundae Social 3:30 Sip & Savor Happy Hour	23 10:00 Stretch Yoga in Motion 10:00 Resident Bus Loop 10:30 Start The Day Cafe 11:00 Brain Boosters: Uncrossed 1:00 Movie Matinee: That's Amor 1:30 DIY Jewelry Making 3:30 The Art History Experience: Da Vinci Brought To Us By Advantage Pointe Home Care & Universal Coaching Services	24 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Start The Day Cafe 11:00 Brain Boosters: Word Games & Trivia 1:00 Movie Matinee: Goodnight & Goodluck Live From Broadway 1:30 Bingo with Bonnie & Mitch! 2:30 Blackjack: New Players Encouraged! 3:30 Happy Hour & Wheel of Fortune!	25 10:00 Holy Spirit Catholic Mass 10:15 Drum Fit with Denise! 10:45 Daily Chronicle Read & Reset 11:00 Trivia Time! 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: The Sting 2:00 Chair Exercises with Quan 2:00 Food Committee Meeting with Dwight 3:30 Live Tunes & Tastings with Piano Joe!	26 10:00 Jazzercise w/ Quan 10:30 The Daily Digest 11:00 Brain Boost: Vocab Vault 1:00 Movie Matinee: Stripes 2:00 The Carlisle Book Club 2:00 Rummikub 3:30 Sunset Sips: Outdoor Happy Hour	27 10:15 Seated Exercises 10:40 News of The Day & Daily Chronicle 11:00 This is Jeopardy... Live! 1:00 Movie Matinee: Agatha Christie's Seven Dials 2:00 Resident Bus Loop 3:00 Shabbat Services 3:30 A Taste of Trivia	28 10:00 Brain Boosters: Word Games 11:00 Sit & Swing Seated Exercises 1:00 Movie Matinee: The Last Laugh 2:00 Mixology 101: Make Your Own Mocktails 3:30 Live Tunes & Tastings with Steve Michaels! 6:30 Cash Bingo with Bonnie!



Location Key

- AL Lounge
- AL Library
- AL Game Room
- AL Art Studio
- AL Outdoors
- AL Outing

Activities are subject to change. Please consult daily schedule for most up-to-date activities.