



July 2026

The Carlisle Palm Beach Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>10:00 Holy Spirit Catholic Mass 1</p> <p>10:15 Nu-Step Machine & Morning Stretch</p> <p>11:00 Chair Yoga with Kaitlyn</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: Flowers in The Attic</p> <p>2:00 Brain Games with Denise!</p> <p>3:30 Live Tunes & Tastings with KNR Entertainment!</p>	<p>10:00 IL Current Events Club 2</p> <p>10:00 Jazzercise w/ Quan</p> <p>10:30 Brain Boost: Wordle!</p> <p>1:00 Movie Matinee: Father of The Bride</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:30 Lucky Lounge Prize Bingo</p>	<p>10:00 Friday Morning Exercise with Judy! 3</p> <p>10:30 Card & Table Games</p> <p>11:00 Pilates with Judy</p> <p>1:00 Bridge Club!</p> <p>1:00 Movie Matinee: The Six Triple Eight</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:45 A Taste of Trivia</p>	<p>9:45 IL Socrates Cafe 4</p> <p>10:00 Sit & Swing Seated Exercises</p> <p>11:00 Passport to....Tour of America</p> <p>11:30 Fourth of July Outdoor BBQ + Live Music by Steven Vincent!</p> <p>1:00 Movie Matinee: Song Sung Blue</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:30 Live Tunes & Tastings with Max Green!</p> <p>6:30 Cash Bingo with Bonnie!</p>
<p>10:00 Drum Fit! 5</p> <p>10:30 News of The Day + Daily Chronicle</p> <p>11:00 Brain Boost: Word Games</p> <p>1:00 Movie Matinee: Office Romance</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 National Hawaii Day Happy Hour & Trivia</p>	<p>10:00 Resident Bus Loop 6</p> <p>10:00 DrumFit with Denise!</p> <p>10:30 Brain Games: Scrabble!</p> <p>1:00 Movie Matinee: Always</p> <p>1:30 Jewelry Design</p> <p>3:30 Candy Bingo & Bubbly</p> <p>6:30 IL Sing-A-Long</p> 	<p>9:45 IL Socrates Cafe 7</p> <p>10:00 Bocce Ball</p> <p>10:00 Judy's Tuesday Total Body Tune-Up!</p> <p>10:30 Tech Tuesday</p> <p>1:00 Movie Matinee: The Mirror Has Two Faces</p> <p>1:30 Special Presentation: My Grandparent's Journey Holocaust Survival & Legacy in America by Elizabeth Steinman</p> <p>3:30 Happy Hour & National Day of Rock n' Roll Trivia!</p> <p>6:30 Bingo with Bonnie & Mitch!</p>	<p>10:00 Holy Spirit Catholic Mass 8</p> <p>10:15 Nu-Step Machine & Morning Stretch</p> <p>11:00 Chair Yoga with Kaitlyn</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: Ticket to Paradise</p> <p>1:30 Paint & Sip with Lori: Beautiful Beachscapes</p> <p>2:30 Resident Council Meeting</p> <p>3:30 Live Tunes & Tastings with Steven Vincent!</p>	<p>10:00 IL Current Events Club 9</p> <p>10:00 Jazzercise w/ Quan</p> <p>10:20 Healing Hounds: Pet Therapy</p> <p>11:00 Brain Boost: Wordle!</p> <p>1:00 Movie Matinee: The House With A Clock In Its Walls</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:30 Lucky Lounge Prize Bingo</p>	<p>10:00 Nu-Step Exercise Machine + Morning Stretches 10</p> <p>10:30 Card & Table Games</p> <p>11:00 Pilates with Judy</p> <p>1:00 Bridge Club!</p> <p>1:00 Movie Matinee: Steel Magnolias</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:00 Mind Fit with Brie</p> <p>3:45 A Taste of Trivia</p>	<p>9:45 IL Socrates Cafe 11</p> <p>10:00 Sit & Swing Seated Exercises</p> <p>11:00 Passport to.... South Africa</p> <p>1:00 Movie Matinee: Find Me Falling</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:30 Live Tunes & Tastings with Karen's Cabaret!</p> <p>6:30 Cash Bingo with Bonnie!</p>
<p>10:00 Drum Fit! 12</p> <p>10:30 News of The Day + Daily Chronicle</p> <p>11:00 Brain Boost: Word Games</p> <p>1:00 Movie Matinee: Sliding Doors</p> <p>1:30 Bingo with Bonnie & Mitch!</p> <p>2:30 Ice Cream Sundae Social</p> <p>3:30 Sunday Sip & Savor + Conversation Starters</p>	<p>10:00 Resident Bus Loop 13</p> <p>10:00 DrumFit with Denise!</p> <p>10:30 Brain Games: Scrabble!</p> <p>1:00 Movie Matinee: Ferrari</p> <p>1:30 Psychology of Color Art Class Purple</p> <p>3:30 Drinks & Discussion with Roger Gross Women in History Presentation</p> <p>6:30 IL Sing-A-Long</p>	<p>9:45 IL Socrates Cafe 14</p> <p>10:00 Bocce Ball</p> <p>10:00 Judy's Tuesday Total Body Tune-Up!</p> <p>11:00 Liberty Podcast Club</p> <p>11:30 Tuesday's on The Town: Hampton Social</p> <p>1:00 Movie Matinee: Loving Vincent</p> <p>1:30 Gardening Club</p> <p>3:30 Happy Hour & Timeless Tuesday Trivia!</p> <p>6:30 Bingo with Bonnie & Mitch!</p>	<p>10:00 Holy Spirit Catholic Mass 15</p> <p>10:15 Nu-Step Machine & Morning Stretch</p> <p>11:00 Chair Yoga with Kaitlyn</p> <p>1:00 Afternoon Movie in IL Movie Theatre</p> <p>1:00 Movie Matinee: Blue Moon</p> <p>2:00 AL Town Hall Meeting with Staff</p> <p>3:30 Live Tunes & Tastings with Max Green!</p>	<p>10:00 IL Current Events Club 16</p> <p>10:00 Jazzercise w/ Quan</p> <p>10:30 Tech Thursday National AI Day Class</p> <p>1:00 Crafting with April: Jellyfish Windchimes</p> <p>1:00 Movie Matinee: Despite Everything</p> <p>2:00 The Carlisle Book Club</p> <p>2:00 Rummikub</p> <p>3:30 Lucky Lounge Prize Bingo</p>	<p>10:00 Friday Morning Exercise with Judy! 17</p> <p>10:30 Card & Table Games</p> <p>11:00 Pilates with Judy</p> <p>1:00 Bridge Club!</p> <p>1:00 Movie Matinee: Love & Gelato</p> <p>2:00 Resident Bus Loop</p> <p>3:00 Shabbat Services</p> <p>3:45 A Taste of Trivia</p> 	<p>9:45 IL Socrates Cafe 18</p> <p>10:00 Sit & Swing Seated Exercises</p> <p>11:00 Passport to.... Sydney, Australia</p> <p>1:00 Movie Matinee: Love at First Kiss</p> <p>2:00 Mixology 101: Make Your Own Mocktails</p> <p>3:30 Taste of Trivia!</p> <p>6:30 Cash Bingo with Bonnie!</p> <p>6:30 The Eldercation Experience with Harry Getzov: The Music of Lerner & Loewe</p>

July 2026

The Carlisle Palm Beach Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Drum Fit! 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: Father of The Bride Part II 1:30 Bingo with Bonnie & Mitch! 2:30 National Ice Cream Day Sundae Social 3:30 Sunday Sip & Savor + Conversation Starters	20 National Moon Day 10:00 Resident Bus Loop 10:00 DrumFit with Denise! 10:30 Moon Day Fun Facts! 1:00 Movie Matinee: The Queen's Gambit Season 1 (Int'l Chess Day) 1:30 Corn Hole Toss! 3:30 Happy Hour & Moon Day Trivia 6:30 IL Sing-A-Long	21 9:45 IL Socrates Cafe 10:00 Bocce Ball 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Tech Tuesday 11:30 Tuesday's on The Town: Mamma Mia Boynton Beach 1:00 Movie Matinee: Identity Thief 1:30 Collage Decoupage 3:30 Happy Hour & Timeless Tuesday Trivia 6:30 Bingo with Bonnie & Mitch!	22 10:00 Holy Spirit Catholic Mass 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: Parenthood 1:30 Brain Games with Denise! 2:00 Food Committee Meeting with Dwight 3:30 Live Tunes & Tastings with Piano Joe!	23 10:00 IL Current Events Club 10:00 Jazzercise w/ Quan 10:30 Brain Boost: Wordle 1:00 The Carlisle Book Club 1:00 Movie Matinee: The Wedding Date 2:00 Rummikub 2:00 Discussion: Healthy Living & Lifestyle with Judy 3:30 Lucky Lounge Prize Bingo	24 10:00 Nu-Step Exercise Machine + Morning Stretches 10:30 National Amelia Earhart Day Documentary 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Movie Matinee: Four Weddings & A Funeral 2:00 Resident Bus Loop 3:00 Shabbat Services 3:00 Mind Fit with Brie 3:45 A Taste of Trivia	25 9:45 IL Socrates Cafe 10:00 Sit & Swing Seated Exercises 11:00 Passport to....Zimbabwe 1:00 Movie Matinee: 27 Dresses 2:00 Mixology 101: Make Your Own Mocktails 2:00 Kora Dora Floral Arranging 3:30 Live Tunes & Tastings with Steve Michaels! 6:30 Cash Bingo with Bonnie!
26 10:00 Drum Fit! 10:30 News of The Day + Daily Chronicle 11:00 Brain Boost: Word Games 1:00 Movie Matinee: Like Father 1:30 Bingo with Bonnie & Mitch! 2:30 Ice Cream Sundae Social 3:30 Sunday Sip & Savor + Conversation Starters	27 10:00 Resident Bus Loop 10:00 DrumFit with Denise! 10:30 Brain Games: Scrabble! 1:00 Movie Matinee: The Wedding Planner 1:30 Monday Manicure Hour 3:30 Candy Bingo & Bubbly 6:30 IL Sing-A-Long	28 National Chocolate Day! 9:45 IL Socrates Cafe 10:00 Bocce Ball 10:00 Judy's Tuesday Total Body Tune-Up! 10:30 Tech Tuesday 11:30 Tuesday's on The Town: Canopy At The Hilton 1:00 Movie Matinee: Meet The Parents 1:30 National Chocolate Day Cooking Class 3:30 Happy Hour & Timeless Tuesday Trivia! 6:30 Bingo with Bonnie & Mitch!	29 10:00 Holy Spirit Catholic Mass 10:15 Nu-Step Machine & Morning Stretch 11:00 Chair Yoga with Kaitlyn 1:00 Afternoon Movie in IL Movie Theatre 1:00 Movie Matinee: The Four Seasons 2:00 Brain Games with Denise! 3:30 Taste of Trivia Happy Hour!	30 10:00 IL Current Events Club 10:00 Jazzercise w/ Quan 10:30 Brain Boost: Wordle! 1:00 Movie Matinee: And So It Goes 1:30 The Carlisle Book Club 2:00 Rummikub 2:30 Special Cooking Demo with Dwight! 3:30 Lucky Lounge Prize Bingo	31 10:00 Friday Morning Exercise with Judy! 10:30 Card & Table Games 11:00 Pilates with Judy 1:00 Bridge Club! 1:00 Movie Matinee: Aloha 1:30 DIY Fortune Cookies 2:00 Resident Bus Loop 3:00 Shabbat Services 3:45 A Taste of Trivia	

Location Key

- AL 1st Floor Exercise Room
- AL Club Room
- AL Art Studio
- AL 2nd Floor Movie Theatre
- IL Movie Theatre
- IL Gym
- AL Library
- AL Lounge
- IL Card Room