# **June 2025**

# The Carlisle Palm Beach Independent Living



PR2U (LG)

independent Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Daily Chronicles & Resident Chats (OEB)  11:00 Wake Up and Warm Up with Bobbie! (WM)  11:30 Joe Manello Live (LG) 1:00 Scrabble & Cards 3:30 Weekend Wine-Down! (OEB)	9:30 Beginner Strength 10:00 The Carlisle Coffee Society w/ Erica (OEB) 11:00 Resident Welcome Ambassador Committee (ILS) 11:00 Yoga with Angela (WM) 1:00 Card Game Committee Meeting 2:00 Card Room Lecture: Palm Beach International Airport Operations (CR) 3:30 Monday Mingle Happy Hour! (LG) 6:30 Evening Singalong (CR)	9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT) 10:30 Drum Fit 11:00 Total Body Tuesday w/ Lilia (WM) 1:00 Ping Pong Tournaments (WM) 2:00 Carlisle Crafters: Nautical Door Hangars (AS) 3:30 Toast to Tuesday Happy Hour (LG)	9:30 Balance & Flex 9:30 Liberty University (OEB) 10:00 Catholic Communion (GT) 10:30 Adventure Awaits: Loggerhead Marinelife Center (O) 11:00 Functional Fitness 1:00 Card Games (CR) 2:00 Ping Pong Tournaments (WM) 3:30 Resident Social Media/Picture/Contact Information Release Consent Sign-Up (OEB) 3:30 Wine-Down Wednesday & Entertainment Live! (LG)	9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 10:00 Carlisle Current Events (CR) 11:00 Group Walk w/ Libby (O) 11:00 Functional Fitness 1:00 BINGO! (CR) 2:30 Mosaic Minds w/ Barbara (ILS) 3:30 Thirsty Thursday Happy Hour! (LG)	9:30 Beginner Strength 10:15 Carlisle Cinema Society (GT) 11:00 Fit & Fabulous w/ Judy! (WM) 11:00 Lecture: Amy Decker (ILS) 1:00 Golden Hand Bridge Bunch 2:00 Event Planning w/ Bobbie (OEB) 3:30 Happy FriYay Happy Hour! (P) 3:30 Shabbat Service (ALGR)	9:15 Saturday Brew Club & Daily Chronicles (OEB)  9:45 Socrates Café:    Appreciation of Classical Music (GT)  11:00 Fluid Motion: A Stretch Class with Bobbie! (WM)  1:00 Cards & Board Games (CR)  2:00 Brain Games & Trivia (OEB)  3:30 Saturday Sips & Social Happy Hour with Live Entertainment! (LG)
9:15 Daily Chronicles & Resident Chats (OEB)  11:00 Wake Up and Warm Up with Bobbie! (WM)  11:30 Joe Manello Live (LG) 1:00 Scrabble & Cards (CR) 3:30 Weekend Wine-Down! (OEB)	9:30 Beginner Strength 10:00 The Carlisle Coffee Society w/ Erica (OEB) 11:00 Yoga with Angela (WM) 2:00 Beginner Meditation w/ Erica (ILS) 3:30 Monday Mingle Happy Hour! (LG) 6:30 Evening Singalong (CR)	9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT) 11:00 Total Body Tuesday w/ Lilia (WM) 2:00 Lecture: Palm Beach County Fire Headquarters - Fire Safety (CR) 3:30 Toast to Tuesday Happy Hour (LG)	9:30 Balance & Flex 9:30 Liberty University (OEB) 10:00 Catholic Communion (GT) 10:30 Adventure Awaits: Norton Museum of Art (O) 11:00 Functional Fitness 1:00 Card Games (CR) 2:00 Ping Pong Tournaments (WM) 3:30 Wine-Down Wednesday & Entertainment Live! (LG)	9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 10:00 Carlisle Current Events (CR) 11:00 Group Walk w/ Libby (O) 11:00 Functional Fitness 1:00 BINGO! (CR) 2:00 Lecture: Coping w/ Life Challenges (CR) 3:30 Thirsty Thursday Happy Hour! (LG)	9:30 Beginner Strength 10:00 Resident Council (CR) 10:15 Carlisle Cinema Society (GT) 11:00 Fit & Fabulous w/ Judy! (WM) 1:00 Golden Hand Bridge Bunch 2:00 Carlisle Crafters: Sip & Paint (AS) 3:30 Happy FriYay Happy Hour! (P) 3:30 Shabbat Service (ALGR)	Flag Day 9:15 Saturday Brew Club & Daily Chronicles (OEB) 9:45 Socrates Café: Appreciation of Classical Music (GT) 11:00 Fluid Motion: A Stretch Class with Bobbie! (WM) 1:00 Cards & Board Games (CR) 2:00 Brain Games & Trivia (OEB) 3:30 Saturday Sips & Social Happy Hour with Live Entertainment! (LG)
Father's Day 9:15 Daily Chronicles & Resident Chats (OEB) 11:00 Wake Up and Warm Up with Bobbie! (WM) 11:30 Joe Manello Live (LG) 1:00 Scrabble & Cards (CR) 2:00 Pops & Hops: Father's Day Beer Tasting (OEB) 3:30 Weekend Wine-Down! (OEB)	9:30 Beginner Strength 10:00 The Carlisle Coffee Society w/ Erica (OEB) 11:00 Yoga with Angela (WM) 2:00 Beginner Meditation w/ Erica (ILS) 3:30 Monday Mingle Happy Hour! (LG) 6:30 Evening Singalong (CR)	National Root Beer Float Day 17 9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 9:45 Socrates Café: Appreciation of Arts, Sciences & History (GT) 10:30 Drum Fit 11:00 Total Body Tuesday w/ Lilia (WM) 11:30 Root Beer Float Social (OEB) 3:00 Curtain-Up w/ Bobbie! (OEB) 3:30 Toast to Tuesday Happy Hour (LG)	9:30 Balance & Flex 9:30 Liberty University (OEB) 10:00 Catholic Communion (GT) 10:30 Adventure Awaits: Bus Tour of Flagler (O) 11:00 Functional Fitness 1:00 Card Games (CR) 2:00 Ping Pong Tournaments (WM) 3:30 Wine-Down Wednesday & Entertainment Live! (LG)	Juneteenth 9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 10:00 Carlisle Current Events (CR) 11:00 Group Walk w/ Libby (O) 11:00 Functional Fitness 1:00 BINGO! (CR) 2:00 Lecture: Therapy by Mindy (CR) 2:30 Mosaic Minds w/ Barbara (ILS) 3:30 Thirsty Thursday Happy Hour! (LG)	9:30 Beginner Strength 10:15 Carlisle Cinema Society (GT) 10:30 Mimosas & Smoothies w/ Lisa Davis (P) 11:00 Fit & Fabulous w/ Judy! (WM) 1:00 Golden Hand Bridge Bunch 2:00 Carlisle Crafters: Seashell Creations (AS) 3:30 Happy FriYay Happy Hour! (P) 3:30 Shabbat Service (ALGR) 4:00 Summer Vibe Series: Live Entertainment Provide by	9:15 Saturday Brew Club & Daily Chronicles (OEB)  9:45 Socrates Café: Appreciation of Classical Music (GT)  11:00 Fluid Motion: A Stretch Class with Bobbie! (WM)  1:00 Cards & Board Games (CR)  2:00 Brain Games & Trivia (OEB)  3:30 Saturday Sips & Social Happy Hour with Live Entertainment! (LG)

## **June 2025**

# The Carlisle Palm Beach Independent Living



## Sunday

9:15 Daily Chronicles & Resident Chats (OEB) 11:00 Wake Up and Warm Up with Bobbie! (WM) 11:30 Joe Manello Live (LG) 1:00 Scrabble & Cards (CR)

3:30 Weekend Wine-Down!

(OEB)

## Monday

National Pink Flamingo 93

9:30 Beginner Strength 10:00 The Carlisle Coffee Society w/ Erica (OEB) 11:00 Yoga with Angela (WM) 2:00 Carlisle Crafters: Flamingo Watercolor & Pink Flamingo Cocktails (AS) 3:30 Monday Mingle Happy Hour! (LG)

## **Tuesday**

9:30 Water Aerobics (P)

9:30 Coffee Chats & Trivia (OEB) 9:45 Socrates Café: Appreciation of Arts, Sciences & History

11:00 Total Body Tuesday w/ Lilia

1:00 Get to Know Your Neighbor 3:30 Toast to Tuesday Happy Hour

6:30 Karaoke Dance Party w/

Spencer! (CR)

## Wednesday

9:30 Balance & Flex 9:30 Liberty University (OEB) 10:00 Catholic Communion (GT)

#### 10:30 Adventure Awaits: Four Arts Sculpture Gardens (O)

11:00 Functional Fitness

1:00 Card Games (CR) 2:00 Ping Pong Tournaments (WM) 3:30 Wine-Down Wednesday &

Entertainment Live! (LG) 6:30 Harry Getzov Presents! (CR)

### **Thursday**

#### **National Coconut Day**

9:30 Water Aerobics (P) 9:30 Coffee Chats & Trivia (OEB) 10:00 Carlisle Current Events (CR)

11:00 Group Walk w/ Libby (O) 11:00 Functional Fitness

1:00 BINGO! (CR)

2:00 Carlisle Crafters: Tropical Coconut Fish (AS)

3:00 Carlisle Resident Run Special Interests Committee (OEB)

3:30 Thirsty Thursday Happy Hour! (LG)

## **Friday**

9:30 Beginner Strength 10:15 Carlisle Cinema

Society (GT) 1:00 Golden Hand Bridge

Bunch 3:30 Happy FriYay Happy Hour!

3:30 Shabbat Service (ALGR)

## **Saturday**

9:15 Saturday Brew Club & Daily Chronicles (OEB) 9:45 Socrates Café: Appreciation

of Classical Music (GT) 11:00 Fluid Motion: A Stretch Class

with Bobbie! (WM) 1:00 Cards & Board Games (CR)

2:00 Brain Games & Trivia (OEB)

3:30 Saturday Sips & Social Happy Hour with Live Entertainment! (LG)

#### 9:15 Daily Chronicles & Resident Chats (OEB) 11:00 Wake Up and Warm Up with Bobbie! (WM)

11:30 Joe Manello Live (LG) 1:00 Scrabble & Cards (CR) 3:30 Weekend Wine-Down! (OEB)

#### 9:30 Beginner Strength **30** 10:00 The Carlisle Coffee Society w/ Erica (OEB)

6:30 Evening Singalong (CR)

11:00 Yoga with Angela (WM)

2:00 Lecture: Palm Beach County Public Affairs (CR)

3:30 Monday Mingle Happy Hour! (LG)

6:30 Evening Singalong (CR)

# THE CARLISLE **GRAND**

### Dear Residents, Check out some of the

new programs and activities we have

Director.

Ocean Edge Bistro (OEB) Lounge (LG) Wave Motion (WM) Card Room (CR) Club Room (CR)

Pool (P) Outina (O) Study (ILS) Art Studio (AS) AL - Game Room (ALGR)

# **THEATER** ....... DON'T FORGET TO CHECK THE CARLISLE MOVIE SCHEDULE.

MOVIE TIMES: 1:00PM & 7:00PM

MOVIES ARE SHOWN SEVEN DAYS A WEEK.

THE SAME MOVIE WILL BE SHOWN FOR BOTH MOVIE TIMES

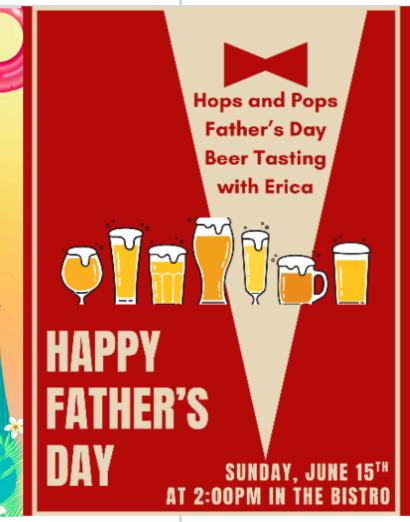
Would you like to help pick

a movie for The Carlisle? Join our

Carlisle Cinema Society

every Friday at 10:15am

added for June! Let's have a fabulous Summer! If you have any questions about the calendar, please contact Erica Caudle, Life Enrichment



#### **Locations Legend**

**Grand Theater (GT)**