



September 2026

The Carlisle Palm Beach Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		10:00 Tai Chi Tuesday 1 10:30 Carlisle Social Scoop 11:00 MC Outing: Picnic on the Water 1:30 Tea Party & Trivia 2:30 Flower Arrangements 3:00 Sip & Savor Happy Hour! 3:30 Jeopardy!	10:15 Holy Spirit Catholic Church 2 10:45 Carlisle Social Scoop & Trivia 11:00 Baking Club: Homemade Bread 1:30 Sing Fit 2:30 Nicole Hulett Live! 3:00 Sip & Savor Happy Hour 3:30 Culture Club: Rat Pack Legends	10:00 Drum Fit with Denise! 3 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games! 1:15 Coloring Corner 2:00 Seated Exercises with Quan 2:30 Beach Ball Ice Breakers with Denise 3:30 Happy Hour & Games	10:15 Chair Pilates 4 10:45 Morning Meditation 11:00 Pet Therapy: Mornings with Matcha & Monet! 1:30 Around the World: England 2:30 Shabbat Services 3:00 Sip & Savor Happy Hour	10:00 Pool Noodle Tennis 5 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Puzzle Corner 2:00 Mixology 101: Make Your Own Mocktails 2:30 Mix & Mingle Happy Hour! 3:30 Card Conversation Starters	
	10:00 Drum Fit! 6 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games! 1:00 Creativity Corner 2:30 Ice Cream Sundae Social 3:00 Bingo & Bubbly Happy Hour	10:00 Mindful Meditations & Yoga 7 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Art Therapy: Rene Magritte 2:30 Sip & Savor Happy Hour 3:30 Candy Bingo!	10:00 Tai Chi Tuesday 8 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Tea Party & Trivia 2:30 Flower Arrangements 3:00 Sip & Savor Happy Hour! 3:30 Jeopardy!	10:15 Holy Spirit Catholic Church 9 10:45 Carlisle Social Scoop & Trivia 11:00 Baking Club: Homemade Bread 1:30 SingFit! 2:30 Live Music with KNR Entertainment! 3:00 Sip & Savor Happy Hour 3:30 Culture Club: Andre Rieu	10:00 Healing Hounds Pet Therapy! 10 10:30 Drum Fit with Denise! 11:00 Brain Boosters: Word Games! 1:15 Coloring Corner 2:00 Seated Exercises with Quan 2:30 Beach Ball Ice Breakers with Denise 3:30 Happy Hour & Games	10:15 Chair Pilates 11 10:45 Morning Meditation 11:00 Pet Therapy: Mornings with Matcha & Monet! 1:30 Around the World: Egypt 2:30 Jewelry Design 3:00 Sip & Savor Happy Hour	10:00 Pool Noodle Tennis 12 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Puzzle Corner 2:00 Mixology 101: Make Your Own Mocktails 2:30 Mix & Mingle Happy Hour! 3:30 Candy Bingo!
	10:00 Drum Fit! 13 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Rosh Hashanah! 2:30 Ice Cream Sundae Social 3:00 Bingo & Bubbly Happy Hour	10:00 Mindful Meditations & Yoga 14 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Art Therapy: Salvador Dali 2:30 Sip & Savor Happy Hour 3:30 Candy Bingo!	10:00 Tai Chi Tuesday 15 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Tea Party & Trivia 2:30 Flower Arrangements 3:00 Sip & Savor Happy Hour! 3:30 Jeopardy!	10:15 Holy Spirit Catholic Church 16 10:45 Carlisle Social Scoop & Trivia 11:00 Baking Club: Homemade Bread 1:30 SingFit! 2:30 Nicole Hulett Live! 3:00 Sip & Savor Happy Hour 3:30 Culture Club: Louie Armstrong	10:00 Drum Fit with Denise! 17 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games! 1:15 Coloring Corner 2:00 Seated Exercises with Quan 2:30 Beach Ball Ice Breakers with Denise 3:30 Happy Hour & Games	10:15 Chair Pilates 18 10:45 Morning Meditation 11:00 Pet Therapy: Mornings with Matcha & Monet! 1:30 Around the World: Switzerland 2:30 Shabbat Services 3:00 Sip & Savor Happy Hour	10:00 Pool Noodle Tennis 19 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Puzzle Corner 2:00 Mixology 101: Make Your Own Mocktails 2:30 Mix & Mingle Happy Hour! 3:30 Card Conversation Starters



September 2026

The Carlisle Palm Beach Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Drum Fit! 20 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Creativity Corner 2:30 Ice Cream Sundae Social 3:00 Bingo & Bubbly Happy Hour	10:00 Mindful Meditations & Yoga 21 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Art Therapy: Frank Lloyd Wright 2:30 Sip & Savor Happy Hour 3:30 Candy Bingo!	10:00 Tai Chi Tuesday 22 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Tea Party & Trivia 2:30 Flower Arrangements 3:00 Sip & Savor Happy Hour! 3:30 Jeopardy!	10:15 Holy Spirit Catholic Church 23 10:45 Carlisle Social Scoop & Trivia 11:00 Baking Club: Homemade Bread 1:30 SingFit! 2:30 Live Music with KNR Entertainment! 3:00 Sip & Savor Happy Hour 3:30 Culture Club: Frank Sinatra	10:00 Drum Fit with Denise! 24 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games! 1:15 Coloring Corner 2:00 Seated Exercises with Quan 2:30 Beach Ball Ice Breakers with Denise 3:30 Happy Hour & Games	10:15 Chair Pilates 25 10:45 Morning Meditation 11:00 Pet Therapy: Mornings with Matcha & Monet! 1:30 Around the World: China 2:30 Jewelry Design 3:00 Sip & Savor Happy Hour	10:00 Pool Noodle Tennis 26 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Puzzle Corner 2:00 Sip & Savor with Steve Michaels Live! 2:00 Mixology 101: Make Your Own Mocktails 2:30 Mix & Mingle Happy Hour! 3:30 Candy Bingo!
10:00 Drum Fit! 27 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:00 Creativity Corner 2:30 Ice Cream Sundae Social 3:00 Bingo & Bubbly Happy Hour	10:00 Mindful Meditations & Yoga 28 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Art Therapy: Frank Stella 2:30 Sip & Savor Happy Hour 3:30 Candy Bingo!	10:00 Tai Chi Tuesday 29 10:30 Carlisle Social Scoop 11:00 Brain Boosters: Word Games 1:30 Tea Party & Trivia 2:30 Flower Arrangements 3:00 Sip & Savor Happy Hour! 3:30 Jeopardy!	10:15 Holy Spirit Catholic Church 30 10:45 Carlisle Social Scoop & Trivia 11:00 Baking Club: Homemade Bread 1:30 SingFit! 2:30 Nicole Hulett Live! 3:00 Sip & Savor Happy Hour 3:30 Culture Club: Judy Garland			

Location Key

- MC Music Room
- MC 2nd Floor Dining Room
- MC Living Room
- MC 2nd Floor Living Room
- MC Dining Room
- MC Art Studio

Activities are subject to change- please check daily schedule for updates.