



# OCEAN 450 BREAKFAST MENU

## OMELETS

Plain Omelet 8

Served with choice of Sausage or Bacon, Toast and Potatoes

Cheese Omelet 9

Served with choice of Sausage or Bacon, Toast, and Potatoes

Western Omelet 10

Omelet stuffed with Onions, Peppers, Ham, and Cheese  
Served with choice of Sausage or Bacon, Toast, and Potatoes

Egg White Omelet 9

Served with choice of Sausage or Bacon, Toast, and Potatoes

## FAVORITES

French Toast 9

Served with choice of Sausage or Bacon, Fruit, and Potatoes

Pancakes 9

Served with choice of Sausage or Bacon, Fruit, and Potatoes

Waffle 9

Served with choice of Sausage or Bacon, Fruit, and Potatoes

## EGGS

Build Your Own Breakfast 9

EGGS (PICK 1)	PROTEIN (PICK 1)	SIDES (PICK 2)
Scrambled	Bacon	Toast
Fried	Ham	Fruit
Hard-Boiled	Sausage	Potatoes
Poached		

## BREAD

Rye, White, Wheat, Plain Bagel, Everything Bagel

## A LA CARTE

Cereal /2.5

Oatmeal/3

Fruit Cup /2

Prunes/2

Yogurt/2

Assorted Danish / 2

English Muffin / 1.5

Cottage Cheese / 1.5

## BEVERAGES

Coffee / Free

Tea / Free

Juice /3

Milk/2

Water/ Free

Almond Milk/3

